



Awakening our Passion, Living in Compassion

Join us for a 4-day intermediate training in Living Compassion in Austria!

The focus of this workshop is to deepen the consciousness of compassion as a means to engage in a living practice of NVC every day, moment to moment. You will be introduced to and practice processes that Robert Gonzales has developed to deepen more self-awareness, self-compassion and living compassion in relationships. These processes may include:

- Deepening Awareness of the Beauty of Needs
- Transforming the Pain of Unmet Needs to the Beauty of Needs
- Compassionately Embracing/Transforming Core Beliefs
- Preparation for Authentic Dialogue

We ask participants to have a basic knowledge of NVC
The training will be translated from English into German

Date : 21. – 24. May 2014 (9.00 am – 5.00 pm)

Location: **Stift St.Georgen am Längsee**
A - 9313 St.Georgen am Längsee, Schlossallee 6, Austria
<http://www.stift-stgeorgen.at>

Limited number of places! Secure your place by registering early.

Registration: Please register at the latest **by 21.02.2014** at Katholisches Bildungswerk, Sabine Beier, sabine.beier@kath-kirche-kaernten.at, Tel.: 0043(0)463 5877 2423

Accommodation available at Stift St. Georgen am Längsee. We recommend that you book your room as soon as you register for the course. Please mention the *title of the course when booking your accommodation and note the regulations for cancellation.*

Price for a single room including breakfast: € 41,00 - double room including breakfast € 35,00 per person

Price/meals: three-course meal (buffet style): **€ 14,50** (it is possible to have only one smaller course, for example salad or soup.)

Contact and information: <http://www.stift-stgeorgen.at/site/de/bildungshaus/kontakt>

Travelling by train

From the train station St. Veit an der Glan it is 10 km up the mountain to the seminarhouse. From the train station St. Georgen/L. in Reipersdorf it is 3 km up the mountain to the seminarhouse.

Taxis:

City Taxi Tel.: 04212-2612

Taxi Frantar Tel.: 0664-1052049

Travelling by plane

Nearest airport Klagenfurt. There are connecting flights from and to Vienna, Cologne-Bonn, Berlin, Hamburg, Munich, Düsseldorf, London.

Distance from Klagenfurt Airport to seminarhouse: 25 km

For further information about the workshop:

Please contact Gabriele Vana: bellvana@aon.at, Tel. 0043 (0)676 684 78 24

or Gabriele Gößnitzer: gabriele@lebendige kommunikation.at, Tel. 0043 (0)676 5306782

Fees (excl. accommodation):

- With your registration you commit yourself fully to your participation. If you wish to pay in two installments, please contact Sabine Beier, Katholisches Bildungswerk.
- Choose a fee between € 550 – € 650 according to what you feel it is worth for you.
- Cancellation: If you need to cancel before 20.4.2014 there is no fee. If you cancel by 25.4.2014 half the fee is required. If you cancel after 26.4.2014 the full fee is required. You can send another person as a substitute for no extra cost.

Name:

Address:

E-Mail/Tel.:

Yes, I register for the 4-day workshop with Robert Gonzales and I choose a fee of €



Katholische Kirche Kärnten

